Anubhav @ DLRC

An Extended Learning Community

DLRC is a K–12 experiential learning space in Pune, committed to educating for sustainability.

Learning, extended beyond the school day

A community space where children, teens, and adults learn through doing—together.

What you'll find inside

Philosophy • Learning experiences • Registration details

The Philosophy of Anubhav

Anubhav extends the DLRC learning experience beyond the day—creating an afternoon and weekend rhythm where learners return to explore interests, practise skills, and grow in community.

Weekdays	Monday to Friday, **2:30 pm to 5:00 pm**
Saturday	**10:00 am to 3:00 pm**

It brings together children, teens and adults to develop skills and experience the joy of learning through doing and creating—through movement, music, craft, literature, and scientific inquiry.

> *"Anubhav is not a collection of classes. It is a learning community—where practice, curiosity, and relationships shape the experience."*

Whether you wish to pursue a sport, learn a musical instrument, work with wood, discover literature, explore science, spend time in our community library or develop a new passion, Anubhav welcomes learners of all ages.

Mosafit Sports Academy

Sports at Anubhav are designed to build fitness and character side by side—strength and flexibility, endurance and agility, focus and teamwork. Sessions are progressive and energising, with an emphasis on discipline, coordination, and sportsmanship.

Recommended commitment — Sports activities are recommended as a minimum **three-month commitment**.

Fee for all Sports Activities : ₹3,000/month

Gymnastics — Build strength, flexibility, balance and confidence through progressive training that respects each learner's pace.

Tue, Wed & Thu • 3:00–4:00 pm

Age: 5-15 years

Commando Training — Develop endurance, agility, resilience and teamwork through obstacle courses and outdoor physical challenges.

Tue, Wed & Thu • 3:00–4:00 pm

Age: 8+ years

Boxing — Improve fitness and coordination while building discipline and self-confidence through safe technique and structured practice.

Tue, Wed & Thu • 3:00–4:00 pm

Age: 8+ years

Football — Grow technical skill, strategy and teamwork through drills and match play, with sportsmanship at the centre.

Tue, Wed & Thu • 3:00–4:00 pm

Age: 8+ years

Volleyball — Learn fundamentals while building coordination, game sense and collaboration in a spirited, supportive group.

Tue, Wed & Thu • 3:00–4:00 pm

Age: 8+ years

Cricket — Practise batting, bowling and fielding alongside match play, teamwork and consistency.

Tue, Wed & Thu • 3:00–4:00 pm

Age: 8+ years

Lathi Kathi & Mudgal — Experience traditional Indian martial arts that develop strength, coordination, focus and cultural appreciation.

Mon & Fri • 4:00–5:00 pm

Age: 8+ years

What we intentionally cultivate

Strength • Flexibility • Balance • Confidence • Endurance • Agility • Resilience • Teamwork • Discipline • Coordination • Sportsmanship

Rhythm & Melody

Music at Anubhav is an invitation to listen deeply, practise patiently, and perform with joy. Learners build musical foundations—rhythm, melody, chords, and voice—through hands-on playing and guided rehearsal.

Fee for all Activities : ₹3,000/month

Tue & Thu • 2:30–3:30 pm

Age: 8+ years

Tabla — Learn rhythm, ***taal*** and accompaniment through practical playing and performance, developing steadiness and musical confidence.

Keyboard — Build musical foundations through melody, rhythm, chords and performance—supporting both structured learning and creative exploration.

Hindustani Vocal — Explore Indian classical music through voice training, ***raag***, ***taal*** and performance—strengthening listening, expression and presence.

Creative Skills

Creative skills at Anubhav are rooted in the dignity of making—measuring carefully, learning tools safely, and finishing with pride. Learners build confidence through process: planning, practising, correcting, and creating something real.

Woodwork — Design, measure, cut, assemble and finish your own wooden creations using real tools under expert guidance. Expect a workshop-style experience that is precise, hands-on and deeply satisfying.

₹1,500/session

1st & 3rd Saturday; 1 PM - 3 PM • 2-hour workshop

Age: 8+ years

Crochet – Basic — Learn fundamentals while creating beautiful handmade products. A guided course that builds comfort with stitches, tension and simple patterns. **Materials included.**

₹2,400/course *(materials included)*

Every Saturday 12:30 pm-2:30 pm • 4-session course

Age: 10+ years

Crochet – Advanced — Develop advanced techniques through guided projects and pattern reading—expanding complexity, finishing, and personal style. **Materials included.**

₹3,200/course *(materials included)*

Every Saturday 12:30 pm-2:30 pm • 4-session course

Age: 15+ years

Cultural & Literary Explorations

Literature at Anubhav is slow, thoughtful, and shared. It's a space to read closely, speak honestly, and deepen appreciation for language—where ideas are held with care and conversation is as important as text.

Sahitya Manthan

Read, reflect and converse around timeless Hindi literature in a warm community setting while deepening appreciation for language, poetry and storytelling.

What this space offers

A calm circle of readers, a steady rhythm of discussion, and a community that learns through listening as much as speaking.

DLRC Learning Resources

These learning resources are open doors into inquiry, imagination, and independent exploration. They support learners who love to tinker, read, test ideas, and return to questions over time.

Community Library — Browse, borrow and enjoy books in English, Hindi and Marathi. Participate in reading circles, author interactions and literary events.

Science Lab — Explore scientific ideas through inquiry, experimentation and hands-on investigations.

Math Development Workshops — Experience mathematics through games, manipulatives, puzzles and problem solving that make mathematical thinking joyful.

Why Small Groups?

At Anubhav, we intentionally keep our groups small so that every participant receives individual attention, builds meaningful relationships with facilitators and learns through active participation. We believe some of the deepest learning happens in small communities where every learner is seen, heard and encouraged to grow.

Join Anubhav

General information (IMPORTANT)

- Sports activities are recommended as a minimum three-month commitment.
- Activities commence only after the minimum number of registrations is reached.
- A make-up session will be provided in the event of a facilitator's absence or a public holiday.
- Participants may enrol in one sport at a time, except Lathi Kathi & Mudgal.
- All fees are payable in advance before the commencement of the course.